

Newsletter 5

Golden Goal Plus - Integrating Sport Activities with Basic Skills & Communication Training. A LEONARDO DA VINCI – Transfer of Innovation Project

About the project

As described in our previous Newsletters, “Golden Goal Plus” project is a Curriculum for basic skills and social skills training in combination with sports activities, adapted and transferred in new target countries: **Poland, Portugal and Germany**. Shorter and more compact versions of “Golden Goal plus” main products (Handbook and Tool box) have been tested and validated according to each country’s specific needs. The Golden Goal Plus project has proven to be successfully for the target groups in these countries. It was time to present these good results!

The multiplier conference

It took place in Lisbon on Tuesday, 18th of May 2010

The objectives of the conference were to:

- present the outputs and products of the project “Golden Goal Plus – Integrating Sport Activities with Basic Skills & Communication Training” in new target countries
- facilitate exchange of good practices among participants of the meeting

In this multiplier conference, 22 persons took part, among them representatives of the partnership, invited strategic partners including teachers, trainers from France, Poland, Portugal, multipliers from countries not represented in the partnership: Bulgaria, Spain, Slovakia and Lithuania.





The first presentations focused on the introduction of the main project's products: curriculum, toolbox and implementation concept.

Target partners provided also feedback about testing and first implementation phase in own institutions.

The main part of the conference was on the practical use of the products,

- how curriculum and toolbox can be implemented in various organisations,
- how to combine topic "sport" or sport activities with learning of basic skills like:
ICT, foreign languages, literacy, etc.

The conference gave opportunity to all participants to exchange their experiences, and opinions.

Useful material in different languages has been provided.

A practical "sport exercise" involving all the participants has even been organized in the park, outside in front the "conference Hotel".

For some participants the seminar was inspiration of introducing new ways of learning language for children in combination with sport activities or introducing some ideas related to the topic in other vocational organisations.

Feedback and evaluation from participants

At the end of the meeting all invited participants were asked to give their oral and written comments on the multiplier conference.

The conference was positively assessed.

Examples of comments:

- ✓ "To tell the truth, until now, the methods of training were not very "funny", the trainees did not have the possibility to know each other better and also their attention has declined. The form of the training elaborated by the project GG+ is enriching and for the students gives the opportunity for successful finishing of the training. Project GG+ has also advantage, that during sport activities the people are natural and free and so they have opportunity to learn and in the praxis try social rules, which they can utilize in working place. I think that GG+ project should be very successful in Slovakia." Andrej.





✓ “The Golden Goal Plus results and activities are very relevant for the work on VET CIFESAL carries out in Spain, and sources of inspiration for other projects were run at international level. In particular, the approach to adjust the contents of the training to the needs of teachers and students, to include social skills as key for the success of the training and to find the driving force to the training in an attractive element for the target group, as it is sports in the case of the Golden Goal Plus project, are common elements of methods we are currently testing. It is very useful to verify that these elements have been already successful in Golden Goal Plus”. Mario. Spain



✓ “I found the seminar useful for me (being a teacher) and significant for the target group (people at risk etc.). Although I am a language teacher I find the idea and the methods could be adapted in language learning process simply and fruitfully as well (I mean, language learning process combining sport activities / moving exercises not static classroom work). I especially liked and agree with the idea that language learning / acquisition (native or foreign one) process should proceed unconsciously. That's why funny, interesting, to the routine or hobbies related topics are so effective. That's why practical aspect of the project (doing classes outside the classroom) and more traditional (in the classroom but to the theoretical part including all the attractive forms like pictures, videos, interactive, gamesome tools) aspect made optimistically picture of the "real" benefit (people get integrated into social network). Concerning our institution, in the department of Social Sciences there is a bachelor program in the field of Basic education, Vocational training, Marketing of Professional Activities, Educational Management, researches on Learning demands, Theory and Practice of Learning in groups, Dimensions of Life Long Learning processes etc. I am going provide them with the information I got in Lisbon (Toolbox and Handbook). I believe, the project with its outputs can be disseminated and applied here as well.

Our department is related more with language teaching and as I mentioned is an applicable methodological aspect as well. Another field our department is involved in - researches about children with language disorders and researches on language acquisition in young days. The idea of "Sport activity" might be integrated as a methodological aspect / principle as well as (there are theatre, games therapies for such children with special needs, why not sport, in a childish way)

So, I am great of the meeting because of exchange of the good practice and ideas. Sitting at one place sometimes we got static ourselves not knowing what people do in the world and what great ideas they have :) That's why really thank you for the invitation. My students are going to do some of exercises from now ...” Sigita (Lithuania)

✓ At this Conference a representative of NBCC (National Board of Certified Counsellors) Bulgaria participated. NBCC Bulgaria is the organization that has all the rights and





administers the international certification program GCDF (Global Career Development Facilitator) for Bulgaria and Macedonia. The main focus of our activities is to encourage, inspire and support people at all stages of their lives to work constantly for their personal and professional development and realization. We are very eager to get acquainted and implement different innovative practices and tools that will add value to our efforts. This is one of the reasons for our great interest in the Golden Goal Project's results and products. The other one is that we know some of the partners from other initiatives and projects and have had the possibility to see the high quality of their work and this made us believe the participation of our representative at this Conference will be fruitful. These expectations were met at a highest level. The project's products are really innovative and flexible depending on the target group that will be addressed. Another important benefit of these products is the approach of learning without even noticing which is the most relevant one for some of the target groups we and our partners in Bulgaria work with such as pupils with poor performance at school, young people not active at the labour market, especially women in a position to return at the labour market after maternity leave, low-skilled young unemployed, etc. We think that the final project's products are quite suitable to be implemented in some of our future initiatives as well as we see possibilities for future multiplication of the main project's idea and philosophy in a new project. Najejda and Nadia (Sofia)

- ✓ In Portugal, the materials have been tested and adapted by teachers and trainers working with "difficult youth" or adults at RVCC: School Eça de Queiroz, E. Schools B. 2.3 Pools of Secondary School D. Dinis and CNO Secondary School Gago Coutinho. Over the two years in Portugal, have been tested, adapted and produced new materials that are already available today. The project is currently in the process of disseminating results. Both materials Handbook and toolbox are available in PDF version Portuguese at the following address and they can be downloaded and / or printed: www.golden-goal-plus.eu

Manual: http://www.golden-goal-plus.eu/uploads/media/handbook_PT_04.pdf

Toolbox: http://www.golden-goal-plus.eu/uploads/media/toolbox_PT_05.pdf

There are also a limited number of paper copies reserved for schools and training organizations that wish to seek in them (by email or catarinagalimacedo@gmail.com goldengoalplus@gmail.com). The teaching materials and pedagogical proposals of the Golden Goal Plus were assessed very positively by most participants. The activities ended with a dinner in which all expressed in a more informal both the positive nature of the event as the interest of the proposed project. Catarina (Portugal)





Following, here are some...
Pictures of the practical “sport exercise” involving all the participants that has even been organized in the park, outside in front the “conference Hotel”.



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2 groups testing "SOLIDARITY" in a very friendly atmosphere



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European partners thinking and acting!!!



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End of multiplier seminar

Partners were asked to write comments
The questionnaires will be evaluated as a part of the evaluation in the project.
Finally, it was also opportunity for invited participants and partners to build new possible partnerships for further projects and to present also other European projects like: PrMaCLT, FLAM, YELL, TANDEM, EnVogue, CCEE, Improved Future.

Partnership meeting

During the second day of the meeting, partners evaluated the multiplier conference, what was good and what could be improved and possible follow up in the future

Next stages and dates

- Dissemination activities
-
- Deployment plans
-
- **Final meeting in LODZ (POLAND) 13-15 September 2010**